



**One in seven women** are diagnosed with breast cancer in their lifetime.

Source: AIHW Australian Cancer Database

**Did you know around six to 10 per cent of new breast cancer cases are metastatic?**

Metastatic means cancer cells have spread to other parts of the body—often to the woman's bones, liver, lungs and brain.

**Important breast cancer signs and symptoms:**

- New lumps or thickening in the breast, especially if in only one breast
- Nipple sores or change in shape of the nipple
- Nipple discharge or turning in
- Changes in the size or shape of the breast
- Skin of the breast dimpling
- Discomfort or swelling in the armpit
- Rash or red swollen breasts
- Ongoing pain that is not related to your menstrual cycle that remains after your period and occurs in only one breast.

**With your support, Mater Chicks in Pink provides practical, personalised support services to women along with funding for life-saving research at Mater, to better understand and treat breast cancer now and into the future.**