

Guide to Noosa Triathlon 2026

Noosa Tri is almost here. We're thrilled to welcome you to the Smiddy team for this year's event. With the gear list, power wattage, transition timing, and open water swim on your mind, we know you've got a lot to consider. To make it easier for you, we've put together this guide detailing where you need to be and when. No need to think—we've got you covered!*

Make sure you download the Noosa Triathlon App to keep up to date with Event information, schedule, event feed, athlete tracking and everything you need to know for Noosa Triathlon weekend.

Download now:



App Store



Google Play

As part of the Smiddy team you will receive exclusive benefits, including:

-  **EXCLUSIVE SMIDDY CHECK-IN**
 Save time and head to the check-in line reserved for Smiddy athletes.
-  **SMIDDY PRIORITY BIKE RACKING**
 Place your bike in the Smiddy Bike Racking area (look for the signs).
-  **SMIDDY ATHLETE PACK**
 Drop by the Smiddy Trackside Zone presented by YFG Shopping Centres to collect your exclusive Athlete Pack and Smiddy Kit.
-  **SUPER SATURDAY LUNCH**
 Enjoy all the Noosa Tri Super Saturday activities at the Smiddy Trackside Zone presented by YFG Shopping Centres. Join us for lunch, catch up with your fellow Smiddy athletes and watch all the Super Saturday races in your exclusive trackside zone.

Race with purpose

Raise \$1,500 prior to 1 November to gain **Champions Club status**. Secure exclusive Smiddy merch, discounted entry for Smiddy Noosa Tri 2027 and more exciting benefits.

Become a Fundraising Legend

Want to be known as a Smiddy Legend and secure your very own exclusive ASICS running shoes, plus 50% off your 2027 entry, and more other great prizes? Raise \$2,500 and unlock **Legends status**.



2027 design to be confirmed

Friday

FRIDAY 30 OCTOBER 2026

TIME	EVENT	VENUE
9:00am – 7:00pm	Noosa Sports & Lifestyle Expo open. Visit the Smiddy expo stand to grab some great giveaways, express your interest for 2027 and go into the draw to win amazing prizes.	Event Village – Noosa Woods
9:30am – 7:00pm	Garmin Noosa Triathlon Check-In (Must be pre-booked)	Event Village – Noosa Woods

Super Saturday

SATURDAY 31 OCTOBER 2026

Pack your bag and get your bike ready!

Set up your bike, pop on your athlete number and pack your transition bag ready to check-in your bike.

TIME	EVENT	VENUE
8:00am – 5:00pm	Noosa Sports & Lifestyle Expo open Visit the Smiddy expo stand to grab some great giveaways, express your interest for 2027 and go into the draw to win amazing prizes.	Event Village – Noosa Woods
10:00am – 4:30pm	Mandatory bike check-in Check your bike in at the transition area and rack it in at the Smiddy priority area.^	Transition – Noosa Heads Lions Park
10:30am – 11:15am	Exclusive Smiddy transition tour Get to know the Noosa Tri precinct! Krista 'Pagey' Page will take you on a tour of the transition area so you are race ready.^	Transition – Noosa Heads Lions Park
12:30pm – 2:00pm	Super Saturday Lunch Come down to the Smiddy Trackside Zone presented by YFG Shopping Centres to meet your fellow Smiddy athletes, collect your Athlete Pack and grab lunch. Enjoy the insights from our special guest panel.	Smiddy Trackside Zone presented by YFG Shopping Centres
2:30pm – 5:30pm	Women's and Men's Criterium ASICS Bolt Legends Tri Stick around trackside to check out the action on course!*	Smiddy Trackside Zone presented by YFG Shopping Centres

Rest up, get some sleep and get ready for the big day ahead!

*VIP wristband required for entry to Smiddy Trackside Zone presented by YFG Shopping Centres area.
^Noosa Triathlon race number wristband required for entry to transition.

Noosa Tri–Race Day!

SUNDAY 1 NOVEMBER 2026

TIME	EVENT	VENUE
4:45am	Transition and gear bag drop opens Head into transition to set up your bike and gear ready to race. Drop bags at the Noosa Tri Gear Bag Drop Zone, then head to the beach.	Transition – Noosa Heads Lions Park
5:30am	Head to Noosa Beach You've made it! All the hard yards are done—now let's do this! Head to the beach to catch the sunrise and test out the water. Bags must be left at the Noosa Tri Bag Drop (not Smiddy VIP Area).	Noosa Beach
5:55am	Smiddy team photo Take part in the Smiddy team group photo to commemorate this amazing day! Keep an eye out for all the purple tri-suits and the Smiddy team supporter shirts.	Noosa Beach (in front of the lifeguard tower)
6:24am	Smiddy team wave	Noosa Tri Swim Start, Noosa Beach
7:00am	Friends and family head to the Smiddy Trackside Zone presented by YFG Shopping Centres We will be open from 7 am for your family to come and chill out, enjoy some shade and cheer you to the finish. Don't forget your wristband!	Smiddy Trackside Zone presented by YFG Shopping Centres

Please remember to bring your own refillable water bottle, and ask your supporters to do the same!

Congratulations! You did it!

Head to the Smiddy Trackside Zone presented by YFG Shopping Centres and visit the Athlete Recovery Area thanks to Alpha Sport and Allsports Physiotherapy; collect your medals, grab a bite to eat and score unlimited high fives from the Smiddy team.

4:00pm	Noosa Tri presentation ceremony Come and join us at the presentations for the best times and highest fundraisers.	Festival Village, Noosa Woods Hastings Street
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Thank you for your amazing efforts to raise vital funds for cancer research.

Proudly presented by:



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